



## Office of Mayor

# PROCLAMATION

**WHEREAS**, the City of North Bend recognizes the importance of a community conversant in Adverse Childhood Experiences (ACEs), the effect of ACEs, trauma, and toxic stress on the developing brain, and how Resilience building strategies buffer these predicted negative impacts; and

**WHEREAS**, the cumulative effects of such experiences over a lifespan, if ignored, are detrimental to individuals, families and communities; and

**WHEREAS**, newest Washington State research suggests that building Community Resilience by increasing the opportunities for mutual support, hope, help and healing and ways to feel safe and connected within all our neighborhoods and community is beneficial; and

**WHEREAS**, promoting community engagement to learn more about ACEs – linked to chronic physical and mental health challenges as noted by the Centers for Disease Control and Prevention – and to learn how to interrupt the impact of ACEs by learning about and applying protective factors and resilience throughout our partners, agencies, schools and families; and

**WHEREAS**, the City of North Bend recognizes the importance of the coalition work of Valley Resilient, Friends of Youth, Care Point Clinic, Larch Counseling, Ultimate Vision, Trail Youth Coffee Home, Encompass, Empower Youth Network, Snoqualmie Valley Transportation, Reclaim Stability, Snoqualmie Valley YMCA, Supportive Community For All, Riverview School District, Snoqualmie Valley School District and many other organizations working together toward a community of hope and healing;

**NOW, THEREFORE**, I, Rob McFarland, Mayor, do hereby proclaim the month of March 2023 as

## RESILIENCE MONTH

in the City of North Bend and encourage all residents to join the valley wide effort in working together toward Community Resilience.



Signed this 1<sup>st</sup> day of March, 2023

  
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**Rob McFarland**  
**Mayor**